



Our philosophy draws on the best in Asian cultures and traditions, and the creation of a well-balanced lifestyle. Raya Spa's charming modern Thai design, and its atmosphere of calming serenity, epitomizes the region's "Modern Asian Cultural".

Sensory indulgences are a part of the Raya Spa experience as trained hands soothe away worries and cares, helping guests relax with aromatic oils, and subtle herbs and spices. Raya Spa's impressive treatments, massages, and packages highlight Western and Eastern techniques with the gentle Asian touch; using Asian ingredients that have been available for centuries, such as honey, turmeric, coconut, lemongrass, tamarind, sesame and white clay.

Our attentive services are designed to cater to your particular requests; the pampering understated and sophisticated, connects with the natural reality of the surrounds. Whether you are a seasoned spa client, or just a beginner, Raya Spa is a timely discovery that will induct you into an Asian spa philosophy.



## Massage Therapy

---

- **Royal Thai Massage** **60 Minutes** **B1,800**  
**90 Minutes** **B2,200**

Thailand has a long tradition of massage. This massage is superb for its acupressure and stretching technique, which release muscular tension. It helps to promote the blood circulation and relaxes. This massage is done without oil.

- **Ancient Thai Massage** **90 Minutes** **B2,500**

Combining the Royal Thai Massage and Thai Herbal Warm Compress, this treatment focuses on stimulating the blood circulation, detoxifying and relieving muscular aches and pains.

- **Tension Relief Massage** **60 Minutes** **B1,800**  
**90 Minutes** **B2,200**

This is a unique oil massage, which relieves aches and tensions throughout the body ensuring overall relaxation. While respecting your privacy and comfort, the therapists use smooth hand movement, which works to relieve the stress on the body.

- **Aroma Massage** **60 Minutes** **B1,800**  
**90 Minutes** **B2,200**

A relaxing, full body massage designed to de-stress your body and skin. Breathe in the healing powers of pure essential oils while deeply relaxing massage techniques invigorate and stimulate the body.

- **Sport Massage** **60 Minutes** **B2,000**

Carried out with long, firm strokes, this stimulating massage uses elbows and arms concentrating on the back, neck and shoulders. For its deep massage technique, it helps to relieve tired muscles and improves the blood circulation.

- **Jetlag Massage** **60 Minutes** **B2,000**

The ideal massage technique to banish fatigue and sluggishness associated with jetlag. The movements are designed to stimulate and invigorate the body, while the used Lavender Oil leaves you with a feeling of renewal.



## Massage Therapy

---

- **Anti-stress Massage** **60 Minutes** **B1,700**

Drawing upon ancient Ayurveda Massage, Head, Neck & Shoulder Massage opens up the energy lines of the body and soul. The massage concentrates on the tight, deep tissue on the head, neck and shoulders to relieve stress and headache.

- **Oriental Foot Reflexology** **60 Minutes** **B1,800**

Applying pressure to the 63 points in the feet, this treatment is carried out with a technique where only therapist's fingers touch the feet. Foot Reflexology stimulates and improves blood circulation and the functioning of a body system.

- **Hot Stone Massage** **90 Minutes** **B2,900**

A stone therapy boosts your circulation, releases stored tension and recharges your energy levels. The heat of the stones relaxes the muscles and expands the blood vessels, calming the nervous system and detoxing the body. The body becomes relaxed in a much shorter space of time. Hot stone therapy is said to have health benefits for people with muscular pain, poor circulation, rheumatic and arthritic conditions, back pain, stress, insomnia, depression.

- **Head Massage** **30 Minutes** **B1,250**

A relaxing massage working mainly on the head, therapist will start by gently pouring warm coconut oil to the head, scalp and hair. The rich, velvety coconut oil is massaged in to stimulate the scalp and improve the flow of energy through the body. Head massage releases stress and tension, soothes the mind, centers focus and improves circulation. The oil has essential vitamins that are great for the scalp and hair.

- **Pregnancy Massage** **90 Minutes** **B2,200**

This therapeutic massage supports the body through the muscular and structural changes that occur in pregnancy. A variety of safe pregnancy massage techniques together with relaxing coconut oil pamper and praise the changing body, while easing areas of tension, improving circulation, alleviating back pain and promoting a state of calm and wellbeing. Applicable only after the 4th month of pregnancy.



## Steam Bath

---

Choose from a variety of steam baths which do not only relax and renew your energy, but also promote your health and beauty. You can settle in for a steam bath before a body treatment or massage service to prepare your skin and body for the spa treatment, and also enhance the benefits of your service.

- **Herbal Steam** **30 Minutes** **B950**

Enjoy a heated aromatic Thai herbal steam bath with essential oils from Thai herbs such as Camphor, Lemongrass, Turmeric and Plai. Herbal Steam Bath helps to remove the dead skin on the body and improves the breath.

- **Eucalyptus Steam** **30 Minutes** **B950**

Eucalyptus helps in getting relief from pain, rheumatism, stiff muscles and tendons. It is effective in treating stress, as it stimulates circulation and removes exhaustion, calming your body and mind. Eucalyptus provides a cooling and refreshing effect that rejuvenates the spirit.

- **Lemongrass Steam** **30 Minutes** **B950**

Lemongrass (Citronella) is one of those wondrous Thai herbs. It is known for its calming effect that relieves insomnia and stress. Lemongrass is a good cleanser that helps to detoxify the Liver and kidney. It also helps improve the skin by reducing acne and pimples and acts as a muscle and tissue toner. Also, it can reduce blood pressure.



## Water Bath

---

Soothing and nourishing the depleted skin, these bath milks are composed of natural oils, vitamins and skin replenishing ingredients. Scents of pure essential oils give you an absolute relaxing moment, while stimulating the blood circulation and calming your body and soul.

- **Thai Detox Bath Salts** **30 Minutes** **B1,050**

A mix of salts and essential oils provides a soothing and muscle relaxing experience. Thai Detox Bath Salts provide skin detoxification; an energizing and refreshing cleanser.

- **Lemongrass Bath** **30 Minutes** **B1,050**

Lemongrass (Citronella) is one of those wondrous Thai herbs. It is known for its calming effect that relieves insomnia and stress. Lemongrass has antibacterial and antifungal properties. It is a good cleanser that helps to detoxify the liver and kidney. It also helps improve the skin by reducing acne and acts as a muscle and tissue toner. Also, it can reduce blood pressure.

- **Ylang Ylang Milky Bath** **30 Minutes** **B1,050**

Ylang Ylang is known as one of the most aromatic and relaxing essential oils. With fresh, floral aroma, Ylang Ylang Milky Bath provides a smooth and inspiring feeling, leaving the skin revitalized and rejuvenated with a healthy look.

- **Thai Herbal Bath** **30 Minutes** **B1,050**

Herbal essential oils are known for their healing properties. A special blend of Thai Herbs soothes the body, while the aromas relieve stress and relax. This treatment promotes well-being and leaves your body nourished and rejuvenated.



## Water Bath

---

- **Active Men** **30 Minutes** **B1,050**

Mix of carefully chosen herbs such as basil, rosemary, coriander and cinnamon improves the blood circulation and helps in increasing the metabolism. This treatment relaxes and relieves stress and pain, making it the perfect balance for active men.

- **Bright Harmony** **30 Minutes** **B1,050**

Bright Harmony is a fresh and relaxing essential oil from citrus, grapefruit, basil, anis, green tea and musks. It relieves anxiety and energizes, allowing abundance and well being to flow into the body, mind and soul. Green tea known for its antioxidant properties rejuvenates and helps to keep the skin firm and elastic.

- **Sweet Dreams** **30 Minutes** **B1,050**

With scents from lotus flowers, rose, lili of the valley, citrus and tangerine, this sweet scented floral bath hydrates and relaxes the body. Floral aroma invokes feelings of happiness and joy while it strengthens hair roots and tones and lifts the skin.



## Body Care

---

### Body Scrub

All scrubs are formulated to revive the skins natural glow by gently ridding of dead skin cells. A selection of healing oils, butters and vitamins form a protective barrier whilst carefully selected natural abrasives revive and stimulate the skin. Comfort your body with a gentle exfoliate that gives a soft, smooth and bright complexion.

- **Coconut Body Scrub** **45 Minutes** **B1,600**

A fresh blend of young coconut and honey with coconut oil, this treatment presents the most unique Asian beauty secrets. This body scrub is known for its antiviral and antibacterial properties; recommended for normal and dry skin types.

- **Mango & Lychee Body Scrub** **45 Minutes** **B1,600**

Mango seed oil moisturizes and softens skin without being greasy. The lychee fruit is rich in proteolytic enzymes which eliminate dead skin cells from the skin's surface; not recommended for very sensitive skin type.

- **Detoxifying Coffee Body Scrub** **45 Minutes** **B1,600**

A harmonious blend of coffee and milk, this shooting body scrub helps to exfoliate, soothe, cleanse and nourish the skin. The caffeine contained in the coffee has a slimming effect on your body; suitable for all skin types.

- **Thai Herbal Body Scrub** **45 Minutes** **B1,600**

A sophisticated blend of Turmeric with other Asian herbs such as Lemongrass and Kaffir Lime, gives a soft and unique scrub with herbal scents. This gentle treatment helps to cleanse and polish the skin; suitable for all skin types.



## Body Care

---

### Body Wrap

Body wraps are one of the most relaxing spa treatments and a perfect way to tone your body. Pamper yourself with a natural body wrap and replenish the moisture content of the skin to feel relaxed and revitalized.

- **Healing of Aloe Vera** **1 ½ hours.** **B2,850**

Soothe and calm your body and mind with Fresh Aloe Vera, renowned for its healing properties for the sunburned skin. Followed by a luxurious After Sunburn Facial Treatment, the skin will feel soft and glowing.

- **Nourishing Aloe Cucumber** **45 Minutes** **B1,800**

Enjoy a nutritious body scrub to moisturize the skin and revitalizing it with a deep hydration body wrap. Enriched with milk protein and amino acids that are a component of the skin cells, this mask is easily absorbed into the skin. Cucumber is also known for its rich nutritive value. Your skin will have a silky smooth and healthy appearance.

- **Asian White Clay Body Wrap** **45 Minutes** **B1,800**

A delightful blend of honey, Thai jasmine and white clay mud, are all natural ingredients with excellent skin purification. Honey and white clay balance the skins moisture after the treatment.

- **Coconut Delight Body Wrap** **45 Minutes** **B1,800**

Indulge yourself with a luxurious mask of Coconut, of which hydrating qualities provide sustained moisture to the body. Coconut with its highly moisturizing benefits helps to nourish the skin leaving it soft and supple.





## Facial Care Treatments

---

**For Ladies**

**60 Minutes**

- **Soothing Facial Treatment**

**B1,850**

A gentle and luxurious facial designed to soothe and nurture sensitive and delicate skin. Enjoy the uplifting sensory experience of pure, natural skin care and total pampering.

- **Deep Clean Facial Treatment**

**B2,150**

This facial is designed to deep cleanse and clarify the skin. Exfoliation techniques leave you with a radiant glow. An ideal treatment for oily, acne prone and troubled skin.

- **Aromatherapy Facial Treatment**

**B2,150**

This classic facial provides holistic benefits essential for radiant, healthy skin. A cleansing and relaxing facial is performed using aromatherapy preparations personalized for individual skin types and conditions.

- **Anti-Aging Facial Treatment**

**B2,650**

An effective revived treatment that delivers optimum results. The skin will feel smooth, energized and glowing, leading to a younger and healthier appearance.



## Facial Care Treatments

---

**For Men**

**60 Minutes**

- **Pure performance (for oily and combination skin) B2,450**

An active purifying facial treatment helps to remove impurities and rebalance excessive sebum leaving the skin clear.

- **Hydra performance (for dry and normal skin) B2,450**

An active restoring facial treatment for dry and dehydrated skin: the ideal facial treatment to help to nourish the skin.

- **Anti-Age performance B2,650**

An effective serum, a gentle exfoliate and anti-free radical agents help to cleanse and reduce signs of aging as well as re-establish and tone the skin.



## Raya Spa Package

---

### **Stress Relief Therapy**

**2 1/2 hours.**

**B3,800**

Relax in Herbal Steam, followed by an exfoliating Body Scrub of your choice. The treatment is finished with a head, Neck and Shoulder Massage to relieve muscle tension in the upper body.

- Herbal Steam 30 Minutes
- Body Scrub 60 Minutes
- Anti-stress Massage 60 Minutes

### **Touch of Siam**

**2 hours.**

**B2,700/person**

Re-charge your body and mind with Sareeraya Spa Experience. Enjoy Herbal Steam followed by a touch of classical Tension Relief Massage with body oils to relax and soothe muscle pain.

- Herbal Steam 30 Minutes
- Tension Relief Massage 90 Minutes

### **Heaven on Earth - Honeymoon**

**4 hours.**

**B4,850/person**

Calm your Breath with Herbal Steam and enjoy Herbal Tea along with seasonal Thai fruits. The skin is smoothened and moisturized with Coconut Body Scrub and Wrap, followed by Royal Thai Massage for total relaxation and improved blood circulation. This package is finished with a Facial Treatment.

- Herbal Steam 30 Minutes
- Coconut Body Scrub 45 Minutes
- Coconut Body Wrap 45 Minutes
- Royal Thai Massage 60 Minutes
- Facial Treatment 60 Minutes

*Price are subject to 10 % service charge and applicable government tax.*



## Raya Spa Package

---

### Youth – Renew

**4 ½ hours.**

**B6,950/person**

Abundant comfort and relaxation is ensured with this four and half hour youth treatment. The package commences with an invigorating Herbal steam, followed by relaxing Aromatic Bath with Lavender Milk. The skin is polished with a Body Scrub and pampered to perfection with White Clay body Wrap that smoothens and nourishes the skin. Combine the pleasure with a Tension Relief Massage, finalizing the treatment with a Deep cleansing Facial for Rejuvenation. The extensive serenity is completed with Hot Tea and Seasonal Thai Fruits.

- Herbal Steam 30 Minutes
- Herbal Bath 30 Minutes
- Body Scrub 45 Minutes
- Body Wrap 45 Minutes
- Tension Relief Massage 60 Minutes
- Facial Treatment 60 Minutes

### 3 Days Package

**6 ½ hours.**

**B9,500/person**

This is a perfect package for those wanting to escape and indulge for a few days in the serenity of Raya Spa.

#### Day 1:

- Herbal Steam 30 Minutes
- Water Bath 30 Minutes
- Tension Relief Massage 60 Minutes

#### Day 2:

- Oriental Foot Reflexology 60 Minutes
- Royal Thai Massage 60 Minutes

#### Day 3:

- Body Scrub 45 Minutes
- Body Wrap 45 Minutes
- Anti Age Facial 60 Minutes

*Price are subject to 10 % service charge and applicable government tax.*



## Spa information for ultimate relaxation experience

---

So that our guests may enjoy the peaceful and relaxed sanctuary of Raya Spa, we respectfully request that all visitors refrain from loud conversation, and keep noise at a modest level. Kindly turn your cellular phone and other electronic devices off, or set them to silent alerts. In order to maintain this peaceful environment, children under 16 years are not permitted in the Spa.

To ensure that our guests have the best spa experience, receptionists will fully explain all spa treatment services and recommend the best suited to your needs. If visiting the hotel for few days, our Receptionists would be pleased to create your very own daily spa programs.

**Reservation:** In order to ensure your preferred date and time of treatment, we highly recommend that you make your booking in advance. For non-hotel guests a credit card number is required at the time of booking.

**Spa treatments:** Please check in at the spa reception at least 15 minutes before your scheduled appointment, so that you will have ample time to relax. Please be noted that for late arrival, the treatment may need to be shortened should there be another booking following on from yours. Guests who have high blood pressure, heart conditions, are pregnant, diabetes or have any other medical complications are advised to consult their doctors before signing up for any spa service.

**Valuables:** Please spare some time to secure your valuables and personal items. These items should be left in a secure box in the hotel rooms. We recommend that you do not wear jewelry at the Spa. The management accepts no responsibility for the loss of money or other valuable items of any kind brought into the spa premises.

**Cancellation:** A cancellation notice is required to help us reschedule your appointment, subject to space availability. Any cancellation with the less than 4 hours notice will incur a 50% cancellation fee. Full charges will be imposed for a "no-show".

Prices are subject to 10% service charge and applicable government tax. Prices are subject to change without prior notice.

*Price are subject to 10 % service charge and applicable government tax.*