



# HOT STONE PACKAGE

## A stone therapy

- boosts your circulation
- releases stored tension
- recharges your energy levels

The heat of the stones relaxes the muscles and makes the massage more effective and intense. The hot stones expand the blood vessels, calm the nervous system and detox the body. The body becomes relaxed in a much shorter space of time. Hot stone therapy is said to have health benefits for people with muscular pain, poor circulation, rheumatic and arthritic conditions, back pain, stress, insomnia, depression.

## 3 Hrs Hot Stone Package Includes

30 minute choice of Herbal Steam or Water Bath

30 minute Coconut Body Scrub

90 minute Hot Stone Massage

30 minute Facial Treatment by Jurlique

3 Hours Package only 4,750 THB net/ person  
8,750 THB net/ couple

**RAYA SPA**